

# Free



# Essential 7 Kit

**JOY Oil** Ready for more happiness? Wear or diffuse Joy. Frequency Approx. 188 MHz  
Producing a magnetic energy, Joy enhances feelings of self acceptance & opens the heart to receive joy. Often inspires romance and intimacy. This blend of organic therapeutic oils was created to keep us in the frequency of self love and acceptance. Joy supports us in overcoming grief, depression & loneliness by restoring feelings of self esteem & confidence. Joy assists with proper adrenal gland function. Rose balances hormones, calms emotions, relieves shock, anxiety, deep seated grief, despair, stress and tension. Rose is the highest frequency at approx. 320 MHz. Bergamot produces excellent results in balancing bipolar and other extreme emotional imbalances. Mandarin promotes feeling of happiness in our minds and emotions. Wonderful gentle sedative properties aiding with irritability and stress relief. Great for insomnia. Ylang Ylang helps bring a sense of relaxation, balances male/female energies & restores confidence. Assists in balancing equilibrium. Lemon increases micro circulation in our blood vessels. Is stimulating and invigorating to our mind. Jasmine has been used for centuries to enhance romantic attraction. Also excellent for relief from low libido, depression and nervous exhaustion. Palmarosa is supportive to our nervous and cardiovascular systems, stimulates new healthy cell growth and speeds up our healing process. Roman Chamomile calms and relieves restlessness, nervous tension, insomnia & muscle spasms. Superlative for calming over stimulated nerves. Rosewood stabilizes & grounds us. Joy is a photosensitive oil blend.

**Purification Oil** Purify your body and environment Frequency approx. 46 MHz  
This blend is very soothing to the skin and has a wonderful aroma. The organic therapeutic essential oils in this blend are a strong deterrent to those pesky insects. For an organic insect repellent and bites, apply topically. Purification is a powerful antiseptic for all conditions. Citronella is an outstanding organic insect repellent with anti-bacterial and anti-fungal properties. Lemongrass contains anti-fungal & antiviral properties Lemongrass also speeds the healthy regeneration of connective tissue and ligaments while reducing and preventing scarring. Lavadin is used in Europe for sterilizing infectious microbe, due to its powerful anti-bacterial, anti-fungal and antiseptic properties. Rosemary is anti-fungal, anti-bacterial, antiparasitic and a powerful disinfectant. Excellent for enhancing mental clarity. Melaleuca Alternifolia is anti-infectious, anti-bacterial for large spectrum action of gram positive: staph & gram negative: E.coli as well as anti-fungal, anti-viral, anti-parasitic & anti-inflammatory properties. Myrtle is an outstanding expectorant for sinus, throat and respiratory concerns. Very soothing for the skin. Purification can be taken internally to relieve sore throats, thrush, sore gums & cold sores. Apply Purification topically to disinfect cuts/scraps relieve/neutralize poison from spiders, bees, hornets, scorpions, snakes, flies, mosquitoes, fire ants & other insect bites. Diffusing Purification completely neutralizes mold, mildew, cigarette/cigar smoke & all unpleasant odors. Spray while traveling to dissolve unhealthy microbes, protecting yourself from unexpected virus & bacteria.

**Peace & Calming Oil** A gentle, calming, relaxing and stress relieving blend. Frequency approx. 105 MHz  
When diffused, it helps calm tensions and uplifts the spirit, promoting relaxation and a deep sense of peacefulness. This blend of organic therapeutic oils is created to dispel tensions, anxiety, stress & insomnia, replacing them with a relaxed sense of calm. This is one of the blends combined with taking Mineral Essence that provides excellent results for ADHD instead of med's. Blue Tansy assists us in overcoming anger, frustration, negative emotions by clearing the liver & lymphatic system. Also Blue Tansy stimulates the pineal gland so we have the proper amount of melatonin in our brain. Additionally Blue Tansy assists us in feeling self control. Patchouli re-establishes equilibrium while simultaneously quieting our thoughts, grounding us & energizing our mental focus. Tangerine contains esters/aldehydes which are extremely calming to our nervous system helping dispel anxiety/nervousness. Orange genuinely helps us to maintain pleasant feelings; joy, happiness/peacefulness. Ylang Ylang restores a sense of calm by balancing the nurturing protective (feminine/masculine) energies within us, inspiring self confidence. When massaged on the bottoms of the feet, it can be a wonderful prelude to a peaceful night's rest. Peace & Calming® may be especially calming & comforting to young children & animals during times of stress & anxiety. This photosensitive blend can be diffused, applied topically taken & internally.

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### PanAway Oil

Say Goodbye to Pain

Frequency approx. 112 MHz

This blend of organic therapeutic essential oils are great for relieving the aches and soreness associated with strenuous physical activity or exercise. Enjoy your life without the discomfort of aching joints and sore muscles. **Pan Away** is created for topical use (but safe for internal use or diffusing) **Pan Away** really does take the "pain away". **Helichrysm** is a outstanding analgesic with nerve regenerating properties. **Wintergreen** is known for its anti spasmodic, anti-inflammatory and bone, muscle and nerve pain reliever. **Clove** is a powerful anti-inflammatory and analgesic with antiseptic properties producing excellent results with dental concerns and all types of infections. **Peppermint** is known for its soothing and decongestant ability and has been proven as an outstanding mental stimulant. **Pan Away** works to relieve all forms of inflammation & physical discomfort, arthritis, broken bones, ligament/tendon damage, sprains, tears, backaches, headaches, toothaches, bruises, muscle spasms, injuries etc...

**Lavender Oil** fragrance influences calming, relaxing, physical & emotional balance. Pure true **Lavender** is a very rare & sacred occurrence. Most **Lavender's** (except Y.L.) purchased are a hybrid of a blend of genetically altered plants. YL **Lavender** has been rated by French laboratories to be some of the best pure true organic **Lavender** they have ever tested. **Lavender** has so many abilities that whole books have been written on this oil solely with still more left unsaid. One drop of **Lavender** oil on the base of the spine will assist in balancing our autonomic nervous system daily. The village women in Provence France apply **Lavender** to their breasts twice daily to ward off cancer. **Lavender** is excellent for everything from skin care, wounds, famous for burns, prevent & restore hair loss, excessively oily scalps & skin, cramping, cancer, tumors, acne, stretch marks, minimize scarring, nausea, headache muscle cramps & tension, phlebitis, bruises, stress release, tension release, aid in sleeping, oxygenating emotional mood balancing, anti-inflammatory, analgesic, anti-convulsant, calming & relaxing. The energy of **Lavender** gives us stamina and quiet strength. **Lavender** is very calming and emotionally grounding & stabilizing as well as uplifting. Excellent for use to remove the effects of stress from our body and is used during prayer to strengthen our connection with our creator - bringing us a real sense of contentment. Can be diffused, applied topically & taken internally.

**Lemon Oil** has powerful anti-infectious, disinfecting, antibacterial (even air borne spores), antiseptic, antiviral and antimicrobial properties. It takes rinds from 3,000 organic lemons to produce 2 lbs of therapeutic grade **Lemon** oil which has vitamin P like action for improving micro circulation, promotes healthy white blood cell formation & improves proper immune system function. Research provides that vaporized(diffused into the air) **Lemon** oil will kill meningococcus bacteria in 15 minutes, diphtheria bacteria in 20 minutes, typhoid bacilli in one hour, staphylococcus aureus in 2 hours, Pneumococcus bacteria within 3 hours and completely inactivates tuberculosis. **Lemon** oil may also provide beneficial results for anxiety, anemia, asthma, herpes, warts, shingles, malaria, parasites, ureter infections, varicose veins, S.A.D.S., all circulatory issues, blood pressure, digestive concerns like Acid Reflux, respiratory concerns & throat infections. Additionally, **Lemon** oil improves leukocyte formation, improves memory, mental focus and clear thinking by over 54%. When combined with **Juniper** oil & **Grapefruit** oil, **Lemon** oil dramatically improves skin texture & elasticity while strengthening nails. Excellent for removing gum & grease spots. **Lemon** oil's fragrance influences freshness, feelings of health and vitality, and enhances feelings of emotional warmth. This photosensitive oil can be diffused, applied topically & taken internally.

**Peppermint** The most powerful organic mental energizer. **Peppermint** is anti carcinogenic, dispels worms, anti-fungal, mycolytic, decongesting, expectorant, anti-inflammatory and heightens and restores our sense of smell by stimulating the trigeminal nerve. Excellent to combine with **Lemon** and **Lavender** to relieve tension headaches. **Peppermint** is extremely beneficial for digestive, weight loss, sinus, gallbladder & liver disorders. Reduces fevers, regulates body temperature, nausea, strengthens respiratory function, relief from headaches & migraines, improves focus, concentration & mental accuracy. **Peppermint** Can be diffused, applied topically & taken internally.

Please refer to the Essential Oil Desk Reference for more research information.

Any member who personally purchases \$200 PV of product from Young Living between

March 15, 2006 - April 15, 2006, will receive a **FREE ESSENTIAL 7 KIT!** Here are the details:

- \* This offer is valid 3/15/06 - 4/15/06 You must purchase \$200+ PV in one singular order. If the order is an Autoship order that meets the \$200 PV requirement and processes between the dates specified, the free products will be included in that order. Due to this exceptional value, you are limited to one promotional Essential 7 Kit per calendar month. (You may participate in the promo once in March and once in April.)
- \* This promotion is not available on the Automated Telephone Ordering System (IVR). Only available when ordering with a live operator 1-800 371-2928 or online [www.youngliving.com](http://www.youngliving.com)