



# Aroma Therapy.. Therapeutic Grade Essential Oils..

## Reverse, Rebuild and Regenerate with Natures Leading Natural and Organic Medicine!

Presented By Cherie Ross

Cherie has worked personally and professionally with essential oils for over 35 years. She is training and teaching internationally, having over 30 years in the Salon/Spa industry owning, educating & in product development. Cherie is a certified Animal Communicator, Karuna Reiki Master & Medical Intuitive. Cherie has recovered from a devastating car accident that left her with brain damage and life threatening and disfiguring injuries. Using Essential Oils she has also healed herself from Cancer and Lupus. Additionally Cherie is a sought after educator in the area of natural health, having been interviewed in a variety of TV, Radio and Professional Conferences. Cherie brings her vast knowledge to every seminar.

### **BEYOND THE BASICS - INTRODUCTION TO ESSENTIAL OILS \$20 (\$25 PER MARRIED COUPLE)**

(This Class will be customized for those in attendance)

Come and learn about natures medicine that other countries have been using for centuries in preventing and treating allergies, colds, flu, injuries, viruses and more serious health challenges. Essential Oils dramatically improves our bodies ability to slow down and in many cases reverse the aging process on a cellular level including damaging environmental effects. Cosmetically & Agriculturally Essential Oils are an excellent organic alternative to common "cancer causing" chemical based products. Achieve outstanding results in treating your family & animals from bacterial infection, disease, injuries, virus, wounds and other common ailments. Also current research will be presented in the successful treatment of ADD & ADHD, heightened concentration, improved memory, depression, infertility, menopause, fibromyalgia, stress relief & other emotional/health challenges. Achieve outstanding results in enhancing your quality of life beyond expectations, naturally and organically! Great for people & animals with feet, feathers, fur, hooves, paws!! This is one seminar you won't want to miss.

- Aromatherapy - beyond just fragrance
- Herbs vs Essential Oils
- The difference between Therapeutic Grade and other Essential Oils.
- Understanding the International uses of Essential Oils
- How the oils support our bodies in creating an environment of optimal healing for physical - mental - emotional well being.
- How to use the oils to heighten intuition
- How internally cleansing our body and PH influence our health & the effectiveness of Essentials Oils
- Product knowledge - which oils/herbs/supplements to choose for specific results.
- Relief from chronic pain, soft tissue injuries, wound care, reoccurring illness, depression & memory loss
- How Essential Oils positively affect nutrition & supplements
- Cooking with Essential Oils.
- Biblical References and Spiritual Uses

**Fri. Feb. 3 7:00 - 10:00 pm** Joule Suite 1200 Washington Ave. S at 35W Mpls., MN 55415  
(Registration 6:30) **Pre-registration Requested : Cherie Ross 763-545-7347 cherie@young-living.net**

### **INTRO II - PRACTICAL USES OF ESSENTIAL OILS/PRODUCT KNOWLEDGE / Q&A**

(This Class picks up where the Intro class leaves off & will be customized for those in attendance)

**\$20 (\$25 PER MARRIED COUPLE)**

#### **ATTENDING ONE OF CHERIE'S INTRODUCTORY CLASSES IS REQUIRED BEFORE ATTENDING THIS CLASS**

We are going beyond the basics. This is how everyone, including health care providers, alternative care professionals, body workers and the general public can use oils to get results in their practices/homes and for the care of loved ones. New research will be presented at this class, and even if you have attended before you will learn new, valuable information.

Participate in an open question and answer discussion on which oils and herbs relate to specific health concerns and different ways oils, supplements, personal care items etc... are used in our daily lives.

- Oils & Blends
- Animal Care
- Herbal Tinctures
- Adult, Teen and Childrens concerns
- Oral Hygiene
- Hormonal Balancing
- Nutritional Programs
- Supplements
- Weight Control
- Reverse Aging
- 100% kill factor on harmful Bacteria, Fungus, Mold, Tumors & Virus
- Powerfully builds Immune System
- Dramatic effects with Stress Relief, Chronic & Serious Degenerative Disorders
- Excellent for Increasing Stamina & Athletic Performance...and much more!!

**Sat. Feb. 4 9:30 - 12:30 pm** Joule Suite 1200 Washington Ave. S at 35W Mpls., MN 55415  
(Registration 9:00) **Pre-registration Requested : Cherie Ross 763-545-7347 cherie@young-living.net**

**12:30 - 2:00 pm** *Please bring a potluck dish to share for lunch.*



**Jeanne M. Wiger PhD**, holds a B.A. in Psychology, Comparative Religion and Speech, a B.S. in Fine Arts, Master's degree in Studio Art Education and PhD in Human Development. For the past 40 years her professional work has been divided between psycho-therapy and studio art, as a professional artist, art therapist, spiritual coach and mentor, life coach, storyteller and social ecologist.

A sought after Marriage and Family Counselor with an extensive private practice counseling individuals, couples and families. She is a highly regarded Corporate Leadership Trainer by many Fortune 500 Companies for her advancement in Human Development and Conflict Resolution. Her specialties include: Conflict Resolution, Human Development, Sex and

Intimacy in Relationships & Marriage & Family Counseling.

Jeanne is the author of "I Do, I Don't" Navigating The Marital Seas.

## **Essential Oils for Increasing Intimacy & Romance**     **\$35**

*Presented by Jeanne M. Wiger, PhD & Chérie Ross*

Designed to add fun and excitement back into your romantic life! We will discuss how to identify the dynamics early on that weaken intimacy & learn strategies & tools of communication to reconnect with each other. Also, we'll experience which Essential Oils will quickly release the physical/emotional limitations of stress, uplift and enhance our moods and arouse your senses. Learn how YL Oils will assist you in the fulfillment of your deep intimate desires creating the most memorable, exquisite enchanted evenings. Bring your partner or come solo & surprise your partner when you get home.

Young Living Essential Oils will be applied & used through out this class.

*Please bring blankets & pillows and come dressed in comfortable loose fitting clothes.*

**Sat. Feb. 4** 2:00 - 7:00 pm Joule Suite 1200 Washington Ave. S at 35W Mpls., MN 55415

(Registration 1:30) **Pre-registration Requested : Cherie Ross 763-545-7347 cherie@young-living.net**

## **Sharing Young Living With Others/Comprehensive Business Training - \$10**

*You will create your individual plan of action to achieve your Young Living Business Goals*

Discover the rewarding feeling of helping others through sharing Young Living, learning the benefits, and creating a win-win for all involved. Excellent class for everyone considering utilizing Young Living as supplemental income source. We'll discuss the compensation plan, tax-deductible benefits of operating a home based business, how to develop a successful organization & much more. All questions will be answered regarding any aspect of the Young Living Business.

**Sun. Feb. 5** 12:30 - 4:30 pm - Q&A, Open to everyone interested in sharing Young Living with others, navigating the YL website & optimizing the Compensation Plan & Bonuses

Joule Suite 1200 Washington Ave. S at 35W Mpls. **Pre-registration Requested : 763-545-7347**

1-800-371-2928 [www.youngliving.com](http://www.youngliving.com)

more...

High in protein and comprised of Spirulina, Barley Grass, Bee Pollen, Panax Ginseng, L-Arginine, L-Cystine, L-Tyrosine, Choline, Kelp, Melissa, Lemon, Lemongrass & Rosemary Essential Oils, cleansing and revitalizing our blood, providing "LOTS OF ENERGY". Also improves PH, Blood Sugar, Bone Density, Blood Pressure, Herpes, Shingles, &



**Multigreens 10% off Jan. 1-31**

[www.young-living.net](http://www.young-living.net)

(763) 545-7347 • (406) 863-2032

New Hope, MN 55427

2732 Quebec Ave. N.

Essential Health Care, LLC ID # 263437

**Free Grapefruit & Ocotilla Essential Oils**

with orders of \$175 PV or more Jan. 1 - 31, 2012