

March 2002

Hello Everyone,

I hope we all enjoyed the information in the last newsletter. I forgot one very important part of the cancer program so please add this - **Coral Sea**, 1/2 tsp. -1Tbsp. 3x daily. Oops!!

We are achieving excellent results across the board. I am hearing lots of positive results from many of our members. We would love to hear your success story, please send me your testimonials and indicate if its ok to print.

Please note the changes regarding convention tickets in the Events-Expos section. Remember to get your orders in early to avoid any problems with getting your order filled. Hope we are all having a beautiful winter. Young Living is growing and breaking records as a result of your wonderful and compassionate sharing. Thank You for being such outstanding messengers!

Membership

It is imperative that you place an order your first month you become a member. Young Living is really paying close attention to empty membership accounts. Also to remain an active membership it is necessary to place an order at least once every 12months, otherwise you'll have to repay your membership and purchase another policy and procedure manual. To order call 1-800 763-9963

Update information

Please make sure to contact Young Living with any new information, new area code, new phone # address etc. I get all my info from Young Living. For security reasons only the person themselves can change any data on each account. And please remember to send in your "signed agreements" from your policy and procedures manual. If you need assistance with this call 1-800-350-5042

Environment

Great oils to remove gum, grease, adhesive, tar and anything sticky - **Lemon** or **Peppermint**. Simply apply on location, work in and clean as normal.

Animals

Kidney/Bladder - **K&B Tincture** 2-3 dropperful daily orally, Lemongrass - on bottom of feet and on tummy. **Vitagreen** and **Sulfurzyme** also produce excellent results.

Kids

Eczema, Psoriasis (skin disorders) - most skin disorders are a combination of internal and external toxicity/imbalance.

Internal - maintain ph around 7.0, **Vitagreen**, **Sulfurzyme**, **Coral Sea**. These are also excellent for regeneration of healthy skin tissue. Adjust recommended dosage according to weight.

Cleansing Trio - as directed adjusting for weight. **Detoxzyme** - adjust daily dosage for weight. Any additional digestive enzymes as needed according to diet. **Mineral Essence** - 1-3 droppersful 2-3 x daily. **Mighty Vites** - Chewables or oral spray as directed. **Berry Young Juice** - 1 oz daily.

H2oils - **Lemon/Orange/Grapefruit/Peppermint** use these in water and enjoy instead of soda pop (soda pop makes all skin conditions worsen)

Juva Tone - As directed adjusting for weight. **Dentarome** toothpaste (very important)

External - stop using all petro chemical base products on their body

Juva Flex - apply to liver area 2-3x daily. **Kid Scents** - Bath Gel use as cleanser. Shampoo and Conditioner. Tender Tush or Lotion, apply these to irritated areas on skin, test to see which one works best. **Melrose**, **Lavender**, **Rosewood**, **Myrrh**, **Spikenard**, **Roman Chamomile**, **Onycha**, **Bergamot**, **Geranium** and **Gentle Baby**, any combination of these oil(s) speeds up the regeneration process if applied before the lotions. Results may take anywhere from 90 days to 3 years so please be persistent and patient. Everything has essential oils and other great healing ingredients, customize for each client. Check out the Desk Reference for more details on each item.

Teens

To have more enthusiasm for life: **Valor** and **Grounding** on the bottom of their feet. **Motivation**, **Live with Passion**, **Magnify Your Purpose**, over heart area or bottom of feet. **Clarity**, apply to top of head. Try really hard to get them off soda pop and encourage them to drink the **H2Oils** in water instead.

General Usage

Colds, Flues, Viruses: Obviously keeping the immune systems strong so we are not susceptible is the best approach. **Valor** - 6 drops on the bottom of feet 2x daily, **Thieves** - 6 drops on the bottom of feet 2x daily, **Immupower** - 5 drops on spine and /or liver 2x daily. **H2Oils** - **Lemon**, **Orange**, **Grapefruit** in water and enjoy all day long. **Immunetune** - as directed, or **Immugel** as directed, **Berry Young Juice** - at least 1 oz. daily, **Vitagreen** - as directed.

If its too late and it's in you, there are lots of options. Here are a few: Add the following to the above program: **Exodus** capsules - 3-5 2x daily or **Radex** - 3-5 2x daily. **Purification** - rub on throat and drink in water. **Thieves** - 10 drops in water and quickly drink, 2-3 x daily. **RC & Raven & Lavender** - Rub on chest and back. For nausea, **Ditone** - rub on tummy and drink about 5 drops in water 2-3x daily. For fever **Peppermint** on the bottom of feet. **Rehemogen** - as directed. Diffuse or in vaporizer: **RC**, **Raven**, **Purification**, **Thieves** or **Melrose** and any of your favorites.

Seniors

In support of enhancing your romantic life all these work great: **Valor**, on the bottom of feet, Men: **Mister & Goldenrod**, on ankles, low tummy, low back. Women: **Clary Sage**, on ankles, low tummy, low back, 2 times a day (these may take up to 90 days using them 2x daily before you notice a difference. Some of our members noticed more rapid improvement upon taking the oils internally). **Sensation** - shower gel, body lotion, massage oil and Essential Oil these are a definite must to play with for proven results.

Hot Tip

"Everyone needs to be taking **Sulfurzyme**. This is by far one of the highest quality results producing products I have come across. From children to animals, everyone will benefit. How much do you take - keep adding a few capsules a day until you notice your nails & hair growing faster & stronger, your skin improving, scars disappearing, & aches & pains going away." Dr. Marcy Foley

Save \$ on long distance

For only \$29.95 a month I get unlimited long distance usage anywhere in the 48 states. The service is excellent. Please call C.N.M. Network 1-800-953-5556 for info.

New Products

Released at the convention is bringing in tons of positive results and testimonials. Please order the info packet from Young Living #3850. It will give you lots of excellent data.

Tapes

Many of us still have tape sets (40 tapes) that I personally have mailed out over this past 2 years. (not the tapes that Y. L. includes in your orders) Could you please send me a check for \$40.00 (or call with a credit card number) or return the tapes if you are finished with them. If you would like a set of audio training tapes on how to use all our wonderful items please call me. Everyone who has listened said these tapes are so valuable. You'll find info on these tapes that is nowhere else!

Radio show

I'm on the radio Monday mornings 9:00 -10:00am P.S.T. KNFX 1100AM. Also Wednesdays I'm on Internet Radio 12:00 - 2:00 P.S.T. on voiceamerica.com talking about the oils. Please call in and ask me about the oils 1-888-335-5204. If you'd like to share your testimonial on the radio contact me. The stations ratings go up when I have guests on regarding the oils. They love us!

Website

Yippee!!!! We have hired a new web master. Currently he is rebuilding our site, please email him with any questions. john@johnseemann.com. We'll have a link to Young Living master website through our website so you'll be able to order, enter new members etc. The cost for email & your own web page & connection to our site & more is \$15.00 per month or \$125.00 prepaid annually. Our site is young-living.net. To get set up on email call Jim 651-556-5656, or 1-866-413-5656 or email: sales@cerzan.com. Also, you can check on all training offered by the whole company in youngliving.com website.

Conference calls

We have an excellent conference call option 1-407-318-2793 8:00pm C.S.T. Mondays are highly interactive by our head coach Doug Mills. These are fabulous!! Call and ask lots of questions.

Introducing Tom 612-823-4821

Tom Clague is a wonderful man I have known for years. He is an excellent "life coach" & is offering his assistance to anyone that would like support in changing any area of their life. He has worn many hats over his lifetime. A very successful Natural Health Business Owner, Spiritual Coach, Mentor, Author, Husband, Father and all around amazing man (he'll call you right back to save on long distance). I strongly encourage anyone (no matter the age) to talk with Tom & start manifesting your desires & living the dreams that have been waiting for you in your heart. (He is retired & now decided it's time to give back - so \$ is not a deterrent).

Training & Current Events

Level I's April 2002 - East Coast, West Coast and Minnesota! Call 1-800-350-5042 to register
Minneapolis - April 11, 12, 13, 14 - Marcella Vonn Harting & Dr. Ken Krieger
They are also teaching "Conscious Languageing" Sunday April 14th. this is an extra class everyone will definitely want to attend!

Additional Classes: Arizona - For more class information contact: Allison Chandler 480-357-7370
Marcella Vonn Harting - 480-443-3224 she is our upline. She holds class twice monthly in Paradise Valley - She's fabulous, please call her for a current schedule

California - for more class information contact: Sara Mowdy - 415-336-2951
Illinois - for more class information contact: Sherry LaMarche - 847-343-6036
Iowa - for more class information contact: Willie Lansing - 563-926-2534

Nancy Roll - 515-986-1277

Wisconsin - for more class information contact: Ed Geiger - 715-675-9322

Asia Voight - 608-877-1191

Florida - for more class information contact: Nancy Stephens - 850-893-0693

Essentials for Success - Focus on Business

These are starting up again in February. Watch your mail and check out YoungLiving.com for local training. The 1st hour company overview & what are Essential Oils, product knowledge on the new products & if there's time, questions & testimonials. The remaining time is for people who want to discuss the compensation plan & business building. Cost is \$10.00 for distributor and free for non distributor. These are going to be a blast! Over \$500 of product is given away free!

Essentials for Wellness - Product Knowledge Classes

Young Living is sponsoring classes around the U.S. and Canada focusing only on oil and product knowledge. Company trainers will be sent out starting April. I've been selected to be one of these trainers. If you want one of these trainings in your area call the Events Dept. at Young Living and place your request. You have to guarantee at least 150 people to attend. We're doing lots of additional basic classes & workshops in Mpls/St. Paul area - if you'd like flyers - call me or check our website (it'll be up soon) young-living.net. I'm also teaching classes on the "Toxic Touch Me Nots", "Expanding Intuition and Understanding the Creation/Manifestation Process" "Friday Feasts", Business Building & Leadership Training. Call for flyers.

Expo's and Training Events

A large thank you to all of us who worked at the various Expos. These events are continuing to be very successful. Last month we added over 200 new members as a result of these events. These expos are proving to be extremely beneficial for everyone choosing to work our booth.

March 7&10 Phoenix, AZ - Intro session Thursday 7pm-10pm, at Marcella Vonn Harting's home
Workshop Sunday, 11am-6pm, at Marcella Vonn Harting's home
To register contact Lee or Judy Camp: 623-465-1934

March 12 Richfield, MN - Life Unlimited, 70th & Nicollet - 7:30pm "Flouride and other toxic pitfalls of dentistry. Leo Cashman" A definite must to attend!

March 14 Chicago, IL - Class 7-10pm, Product Knowledge Intensive, Chérie is teaching
contact: Sherry LaMarche 847-343-6036 or Email: sherrylamarche@earthlink.net

- March 15-17 Chicago, IL - Pet Expo - huge event, we're also speaking. To work the booth/ assist contact Sherry LaMarche 847-343-6036 or Email: sherrylamarche@earthlink.net
- March 22-23 Minneapolis, MN - International Market Square, Body/Mind/Soul Wholistic Expo. Chérie will be speaking - if you want to work the booth or assist please contact Chérie 763-545-7347 or Bob Morrow 763-551-9232
- March 30 Dousman, WI - Townhall, Intro class 1pm-5pm & Expanding Intuition /Creation Manifestation Process 6-10pm. Chérie is teaching. Contact Asia Voight 608-877-1191
- April 2 Madison, WI - Essentials for Success, 7-10pm. Sheraton Hotel, 706 John Nolan Dr.
- April 3 Mpls, MN - Essentials for Success, 7-10pm. Clarion Hotel, Bloomington
- April 4 Cedar Rapids, IA - Essentials for Success, 7-10pm. Conference Center, 2501 Williams Blvd. SW
- April 5-7 Indianapolis, Ind - Hoosier Horse Fair (bigger than Equitana) To assist or work the booth call Sherry LaMarche 847-343-6036 or Email: sherrylamarche@earthlink.net
- April 9 Richfield, MN - Life Unlimited, 70th & Nicollet - 7:30pm "Wholistic Healthcare"
- April 11-14 Minneapolis, MN - Level I - this is like no other class you've been to. Marcella Vonn Harting and Dr. Ken Krieger D.C. (considered a leading authority in the world on spines and Essential Oils) are teaching. About 12 of us went to their class in Phoenix last Sept. and all of us are coming to this one. I've been to many Level I's and 2 Level II's and I still took 9 pages of notes. Call 1-800-350-5042 to register.
- They are staying on Sunday and teaching "Conscious Languaging". Definitely if at all possible this is one class you'll regret missing. This is an extremely rare and highly beneficial opportunity. Call Chérie to register (763) 545-7347
- April 19-21 Madison, WI - Midwest Horse Expo - This is our 3rd year there, we're always busy. If you would like to work the booth or assist call Sherry LaMarche 847-343-6036 or Email: sherrylamarche@earthlink.net
- April 26-28 St. Paul, MN - Minnesota Horse Expo - I'd like to have a bigger booth and coop with all the horse people in MN. Using the oils - advertising everyone's services - it will save us \$\$ and time, if interested call Chérie 763-545-7347
- May 3-5 San Francisco, CA - Anatriptic Arts Expo - (hands on healing) We have a booth - as of now no other Essential Oils are being represented. This expo is targeted to anyone that does any healing work. Excellent market for us. If you'd like to work the booth - please call Chérie 763-545-7347
- May 14 Richfield, MN - Life Unlimited, 70th & Nicollet - 7:30pm "Wholistic Healthcare"
- May 17-19 Cedar Rapids, IA - Unity Church, Friday 7pm-10pm Intro class
Saturday 10am-1pm, Toxic Touch Me Nots
Saturday 2:15pm-6pm, Expanding Intuition
Sunday 1pm-5pm "12 Oils of Ancient Scripture"
- May 24-26 Chérie is off to Wyoming to participate in a "Wild Animal Communication" class
- June 19-22 Salt Lake City, UT - Convention - This is Young Living International Training Symposium. Superior training from professionals all over the world. I'm purchasing tickets at a reduced price of \$225 reg. \$340. **If you want 1 (or more) send me your filled out registration form and a check made out to Young Living by April 8th. I will then be mailing our group package in to Young Living.**
The deadline for advanced group ticket purchases is April 8th. For those of us that have already mailed me your checks, please send me your completed registration forms ASAP. Call me with any questions. This event promises to be the most superior to date on education regarding Essential Oils.

What's New

We are intending to move forward with the Wholistic facility in Carver, MN. There are openings in all areas. If you're interested in moving forward please contact Dr. Dayna Wolfe - 952-368-9402 We are in the early stages of pulling together a team of administrators, doctors, nurses, phycologist, physical therapist, massage therapist, veterinarian, etc. to create an Integrated Health Care facility for humans and animals on 90 acres in Chaska, MN. This is a momentous task and if you'd like to be involved call her. She has also offered her barn and location to do animal classes. A huge thank you to Dr. Wolfe for her participation with our team members in integrating the oils into their personal healthcare.

Young Life Research Clinic

Young living as a medical research facility in Springville, Utah which has excellent results producing treatments and programs for a wide variety of physical, mental and emotional conditions. Many of our team members have visited the clinic receiving outstanding results from seemingly minor to extreme life threatening situations. **Before anyone is referred to the clinic it is imperative that they have their own personal membership account number. Please make sure the person referring them to the clinic has setup an account for them prior to their visit.** This will save them valuable \$ and make sure they get connected to our team enabling them to receive much needed support. Often times potential patients get frustrated because they don't get all their questions answered. The clinic is regulated by government agencies and can only answer limited questions over the phone. Once you become a patient all of your questions can be answered during your personal visit and follow-up care. Many of us that have been to the clinic can answer your questions that perhaps initially the clinic can not. To make an appointment call 801-489-8650

Business Building

Vicki Opfer has an outstanding computer program to manage your organization, this is the best one that I have ever seen! To receive info, call 303-456-0088 or go to her website www.ylfamily.com, print the Installation Guide, Users Guide and Order Form. I encourage everyone who is building a business to use this program.

Judy Beenken has created some fabulous (mens & womens) shirts, sweat & t shirts, bags, etc. with "our" beautiful logo on it. We've been wearing them to expo's, fairs, classes & meetings. Customers are asking to purchase them they're so sharp. I even had multiple people request to purchase the shirt I was wearing! Call or email her, she'll send you a brochure. Judy Beenken 641-749-2678

I have overflowing gratitude for each of us as we continue to have a positive effect on the people and animals whose lives we touch. Congratulations and special recognition to the following members for their achievements in January 2002. (if I have missed anyone please let me know)

Star Executive - Beth Marquardt, Asia Voight, Bob Morrow, Angela Green, Brad Michels, Joanne Beadle, Merle Kuennan, Nick Kuennan, Paula Casper, Bob Villars, Quartus Foundation, Judy & Roger Beenken, Landon Ross.

Sr. Star Executive - Terry Burns, Rose & Jerry Jordan, Sherry LaMarche, Virginia Litza, Jennifer Crippen, Judy Jellings, Dave March, Jerry Till, Jeanne Wiger, Lee & Judy Camp.

Master Star Executive - Jeanne Wiger, Sherry LaMarche, Dan Leutke, Nita Stewart.

Premier Master Star - Babette Anderson, Marge Ross, Dan Keskey, Willy Lansing.

Finally, I have a request - **please have your members call their sponsor before me** - I'm so completely overloaded with phone calls that it is taking me 3 - 4 weeks to return calls! And with some of these situations of a serious nature time is of the essence.

Being its the beginning of the year I think it would be helpful to send out a postcard to your members letting them know who they could be calling in their upline before calling me.

Also, I will only talk to people who are members. Unless, sometimes there are unique situations, then I prefer a 3 way call with the interested person(s), sponsor & me. Also, please make sure everyone who wants my assistance in creating a program for them has the Desk Reference in hand during our conversation. These steps will so assist me in being available to more of our team.

**"The price of success is responsibility and accountability."
Winston Churchill**

Abundant Blessings

Chérie

Starting next newsletter I will be adding in a Reference Section. If you or your business would like to be listed so your services may be made available to all our members, please call or email me. ASAP. (So far we have had 2 members contact me regarding this) We have remarkable members with a wide variety of skills and talents, it would be great for our team to resource each other.