

April 2002

Hello Everyone,

Spring is coming in like a lion up here in Minnesota! We've been very active around the U.S. participating and speaking at many events. The demand for education and information about the oils is growing at such a rapid pace that it has been virtually impossible to keep up. It is clearly evident that these essential oils provide results when properly used. I recently attended a class by Leo Cashman that was extraordinary. The focus was on Fluoride, Aluminum, Mercury & other toxicities. He presented research that proves there are serious environmental factors involved in all autoimmune, M.S., Alzheimer's, Parkinson's, Chronic Fatigue Syndrome, Fibromyalgia & other chronic conditions. For copies of this research contact Leo (612) 721-3305 or Jerri (651) 688-6515.

Membership

It is imperative that you place an order your first month you become a member. Young Living is really paying close attention to empty membership accounts. Also to remain an active membership it is necessary to place an order at least once every 12 months, otherwise you'll have to repay your membership and purchase another policy and procedure manual. To order call 1-800-763-9963

Update information

Please make sure to contact Young Living with any new information, new area code, new phone # address etc. I get all my info from Young Living. For security reasons only the person themselves can change any data on each account. And please remember to send in your "signed agreements" from your policy and procedures manual. If you need assistance with this call 1-800-350-5042

Environment

Purification- Add to rinse cycle of laundry for removable of all germs & bacteria including Ecoli.

Animals

Wounds-the following are excellent oils for keeping bacteria, germs and infection out of wounds. Also these will definitely speed up the skin regeneration process. **Helichrysm, Myrrh, Purification, Tsuga, Idaho Tansy, Lavender, Rosewood, Geranium, Patchouly, and Onycha.** Also **Sulfurzyme.**

Children

Fevers-a couple drops of **Peppermint** on bottom of feet, tummy and back of neck mixed with a carrier oil will bring a fever down usually within 20 minutes. Also drink **Berry Young Juice**, the **Lemon H2oils** and **Immugel** will definitely build the Immune system and encourage a rapid recovery

Teens

Acne- There are many reasons for acne. Diet, Hormonal imbalance environmental toxins and ingredients in the products we use. Diet - soda pop, sugar, fried foods, microwaved foods, dairy and processed foods are all major contributing factors. Eat more fresh fruits and vegetables and drink lots of purified water with your favorite flavor of H2oils added in. (on average 1 gallon per day). Hormonal-**PD80/20** 1-2 caps. per day, **Mister or Dragon Time** .2x daily on bottom of feet and tummy. Environmental toxins- diffuse **Purification, Peace and Calming,** or **Lavender** while sleeping. Personal use products- **Dentarome** toothpaste, **Melaleuca Geranium soap, Juniper** facial scrub **Juniper oil, Melrose oil,** (use one of these every night on acne). **Sandlewood toner** spray on face after every wash. **Sulfurzyme** as directed. **Vitagreen** as directed. **Alkalime** as directed. **MasterFormula His/Hers** as directed. **Berry Young Juice** as much as they want. **Cleansing Trio** as directed. **Detoxzyme** as directed. **Juvatone** as directed. * Remember skin takes a minimum of 90 days to change, however the average is 9 months so persistence is important.

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General Usage

Here are the oils that have provided results with the following: Antiviral-Basi, Black Cumin, Cassia, Cinnamon, Cistus, Clove, Eucalyptus, Globulus, Eucalyptus Polybractia, Eucalyptus Radiata, Hyssop, Lemon, Lemongrass, Melaleuca, Alternifolia, Melissa, Mountain Savory, Myrrh, Oregon, Palmarosa, Ravensara, Rosewood, Thyme & Immupower, Melrose, Raven, R.C., Thieves, Abundance, Purification & any other blends containing the above. Staph-Bergamot, Eucalyptus Globulus, Laurus Nobilis Lemon, Melaleuca Alternifolia, Petitgrain, Spikenard, & any blends containing these oils. Strep-Eucalyptus Globulus, Cinnamon, Laurus Nobilis, & any blends containing these oils. Also the supplements of Berry Young Juice, Exodus, Radex, ImmuneTune, Immugel, & Rehemogen. Drink lots of H₂O oils water. Often times the oils need to be taken internally.

Seniors

Bone density- Coral Sea has been proven extremely successful in strengthening bones as well as many other health concerns; blood pressure, blood sugar, & many other serious degenerative disease. Pregnenolone also is instrumental in support of increasing bone density. Available in PD80/20, Promist, Prenelone Plus, Prenelone, Endobalance.

Hot Tip

I was in a recent car accident in which I severely sprained my ankle, & had significant soft tissue damage. My ankle immediately swelled. I used Cypress, Helichrysm & Lavender. The swelling went down almost instantly. with in 2 days I was able to walk with no pain & wear my normal shoes. The bruising was completely gone!
Diana SaBella D.C.

Save \$ on long distance

For only \$29.95 a month I get unlimited long distance usage anywhere in the 48 states. The service is excellent. Please call C.N.M. Network 1-800-953-5556 for info.

New Products

Released at the convention is bringing in tons of positive results and testimonials. Please order the info packet from Young Living #3850. It will give you lots of excellent data.

Tapes

Many of us still have tape sets (40 tapes) that I personally have mailed out over this past 2 years. (not the tapes that Y. L. includes in your orders) Could you please send me a check for \$40.00 (or call with a credit card number) or return the tapes if you are finished with them. If you would like a set of audio training tapes on how to use all our wonderful items please call me. The most current set is over 50 tapes. (mailed price \$55.00) Everyone who has listened said these tapes are so valuable. You'll find info on these tapes that is nowhere else!

Radio show

I'm on the radio Monday mornings 9:00 -10:00am P.S.T. KNFX 1100AM. Also Wednesdays I'm on Internet Radio 12:00 - 2:00 P.S.T. on voiceamerica.com talking about the oils. Please call in and ask me about the oils 1-888-335-5204. If you'd like to share your testimonial on the radio contact me. The stations ratings go up when I have guests on regarding the oils. They love us!

Website

Yippee!!!! We have hired a new web master. Currently he is rebuilding our site, please email him with any questions. john@johnseemann.com. We'll have a link to Young Living master website through our website so you'll be able to order, enter new members etc. The cost for email & your own web page & connection to our site & more is \$15.00 per month or \$125.00 prepaid annually. Our site is young-living.net. To get set up on email call Jim 651-556-5656, or 1-866-413-5656 or email: sales@cerzan.com. Also, you can check on all training offered by the whole company in youngliving.com website.

Conference calls

We have an excellent conference call option 1-407-318-2793 8:00pm C.S.T. Mondays are highly interactive by our head coach Doug Mills. These are fabulous!! Call and ask lots of questions.

Introducing Tom 612-823-4821

Tom Clague is a wonderful man I have known for years. He is an excellent "life coach" & is offering his assistance to anyone that would like support in changing any area of their life. He has worn many hats over his lifetime. A very successful Natural Health Business Owner, Spiritual Coach,

Mentor, Author, Husband, Father and all around amazing man (he'll call you right back to save on long distance). I strongly encourage anyone (no matter the age) to talk with Tom & start manifesting your desires & living the dreams that have been waiting for you in your heart. (He is retired & now decided it's time to give back - so \$ is not a deterrent).

Training & Current Events

Level I's April 2002 - East Coast, West Coast and Minnesota! Call 1-800-350-5042 to register
Minneapolis - April 11, 12, 13, 14 - Marcella Vonn Harting & Dr. Ken Krieger
They are also teaching "Conscious Languaging" Sunday April 14th. this is an extra class everyone will definitely want to attend!

Additional Classes: Arizona - For more class information contact:
Marcella Vonn Harting - 480-443-3224 she is our upline. She holds class twice monthly in Paradise Valley - She's fabulous, please call her for a current schedule

California - for more class information contact: Sara Mowdy - 415-336-2951
Illinois - for more class information contact: Sherry LaMarche - 847-343-6036
Iowa - for more class information contact: Willie Lansing - 563-926-2534
Nancy Roll - 515-986-1277
Wisconsin - for more class information contact: Ed Geiger - 715-675-9322
Asia Voight - 608-877-1191
Florida - for more class information contact: Nancy Stephens - 850-893-0693

Essentials for Success - Focus on Business

These are starting up again in February. Watch your mail and check out YoungLiving.com for local training. The 1st hour company overview & what are Essential Oils, product knowledge on the new products & if there's time, questions & testimonials. The remaining time is for people who want to discuss the compensation plan & business building. Cost is \$10.00 for distributor and free for non distributor. These are going to be a blast! Over \$500 of product is given away free!

Essentials for Wellness - Product Knowledge Classes

Young Living is sponsoring classes around the U.S. and Canada focusing only on oil and product knowledge. Company trainers will be sent out starting April. I've been selected to be one of these trainers. If you want one of these trainings in your area call the Events Dept. at Young Living and place your request. You have to guarantee at least 150 people to attend. We're doing lots of additional basic classes & workshops in Mpls/St. Paul area - if you'd like flyers - call me or check our website (it'll be up soon) young-living.net. I'm also teaching classes on the "Toxic Touch Me Nots", "Expanding Intuition and Understanding the Creation/Manifestation Process" "Friday Feasts", Business Building & Leadership Training. Call for flyers.

Expo's and Training Events

A large thank you to all of us who worked at the various Expos. These events are continuing to be very successful. In March we added over 250 new members as a result of these events. These expos are proving to be extremely beneficial for everyone choosing to work our booth. We are usually short staffed so if serious about building your business these expos are the place to be.

April 11-14 Minneapolis, MN - Level I - this is like no other class you've been to. Marcella Vonn Harting and Dr. Ken Krieger D.C. (considered a leading authority in the world on spines and Essential Oils) are teaching. About 12 of us went to their class in Phoenix last Sept. and all of us are coming to this one. I've been to many Level I's and 2 Level II's and I still took 9 pages of notes. Call 1-800-350-5042 to register.

They are staying on Sunday and teaching "Conscious Languaging". Definitely if at all possible this is one class you'll regret missing. This is an extremely rare and highly beneficial opportunity. see enclosed flyer to register

April 19-21 Madison, WI - Midwest Horse Expo - This is our 3rd year there, we're always busy. If you would like to work the booth or assist call Sherry LaMarche 847-343-6036 or Email: sherrylamarche@earthlink.net

April 26-28 St. Paul, MN - Minnesota Horse Expo - I'd like to have a bigger booth and coop with all the horse people in MN. Using the oils - advertising everyone's services - it will save us \$\$ and time, if interested call Chérie 763-545-7347

May 3-5 San Francisco, CA - Anatriptic Arts Expo - (hands on healing) We have a booth - as of now no other Essential Oils are being represented. This expo is targeted to

anyone that does any healing work. Excellent market for us. If you'd like to work the booth - please call Chérie 763-545-7347

- May 14 Richfield, MN - Life Unlimited, 70th & Nicollet - 7:30pm "Wholistic Healthcare"
- May 17-19 Cedar Rapids, IA - Unity Church, Friday 7pm-10pm Intro class
Saturday 10am-1pm, Toxic Touch Me Nots
Saturday 2:15pm-6pm, Expanding Intuition
Sunday 1pm-5pm "12 Oils of Ancient Scripture"
- May 24-26 Chérie is off to Wyoming to participate in a "Wild Animal Communication" class
- June 19-22 Salt Lake City, UT - Convention - This is Young Living International Training Symposium. Superior training from professionals all over the world. I'm purchasing tickets at a reduced price of \$225 reg. \$340. **If you want 1 (or more) send me your filled out registration form and a check made out to Young Living by April 8th. I will then be mailing our group package in to Young Living. The deadline for advanced group ticket purchases is April 8th. For those of us that have already mailed me your checks, please send me your completed registration forms ASAP. Call me with any questions.** This event promises to be the most superior to date on education regarding Essential Oils.

Young Life Research Clinic

Young living as a medical research facility in Springville, Utah which has excellent results producing treatments and programs for a wide variety of physical, mental and emotional conditions. Many of our team members have visited the clinic receiving outstanding results from seemingly minor to extreme life threatening situations. **Before anyone is referred to the clinic it is imperative that they have their own personal membership account number. Please make sure the person referring them to the clinic has setup an account for them prior to their visit.** This will save them valuable \$ and make sure they get connected to our team enabling them to receive much needed support. Often times potential patients get frustrated because they don't get all their questions answered. The clinic is regulated by government agencies and can only answer limited questions over the phone. Once you become a patient all of your questions can be answered during your personal visit and follow-up care. Many of us that have been to the clinic can answer your questions that perhaps initially the clinic can not. To make an appointment call 801-489-8650

Business Building

Vicki Opfer has an outstanding computer program to manage your organization, this is the best one that I have ever seen! To receive info, call 303-456-0088 or go to her website www.ylfamily.com, print the Installation Guide, Users Guide and Order Form. I encourage everyone who is building a business to use this program.

Judy Beenken has created some fabulous (mens & womens) shirts, sweat & t shirts, bags, etc. with "our" beautiful logo on it. We've been wearing them to expo's, fairs, classes & meetings. Customers are asking to purchase them they're so sharp. I even had multiple people request to purchase the shirt I was wearing! Call or email her, she'll send you a brochure. Judy Beenken 641-749-2678

I have overflowing gratitude for each of us as we continue to have a positive effect on the people and animals whose lives we touch. Congratulations and special recognition to the following members for their achievements in February 2002. (if I have missed anyone please let me know)

Star Executive - Beth Marquardt, Asia Voight, Bob Morrow, Angela Green
Merle Kuennan, Paula Casper, Quartus Foundation, Judy & Roger
Beenken, Landon Ross, Judy & Dave Jellings, Lee & Judy Camp
Sara Mowdy.

Sr. Star Executive - Rose & Jerry Jordan, Sherry LaMarche, Jeanne Wiger, Jerry Till
Brad Michels, Judy & Roger Beenken, Nita & Terry Stewart

Master Star Executive - Dan Leutke, Dave March, Jennifer Crippen, Making Waves Inc.

Premier Master Star - Babette Anderson, Virginia Litza Dan Keskey, Willy Lansing.

Ambassador Master Star - Marge Ross

Finally, I have a request - **please have your members call their sponsor before me** - I'm so completely overloaded with phone calls that it is taking me 3 - 4 weeks to return calls! And with some of these situations of a serious nature time is of the essence.

I think it would be helpful to send out a postcard to your members letting them know who they could be calling in their upline before calling me.

Also, I will only talk to people who are members. Unless, sometimes there are unique situations, then I prefer a 3 way call with the interested person(s), sponsor & me. Also, please make sure everyone who wants my assistance in creating a program for them has the Desk Reference in hand during our conversation. These steps will so assist me in being available to more of our team.

**"Not everything that can be counted counts, & not everything that counts can be counted."
Albert Einstein**

Abundant Blessings

Chérie

Reference Section.

Kathy Heuser, Psy.D. The Alternative Counseling and Mediation Resources (612) 275-9863 Minn.
Kathleen O'Sullivan Deep Tissue Therapist, Cranial Sacral, Auricular Therapy, Raindrop Tech.,
Minister, Spiritual/Psychic counseling and readings (952) 903-0125 Minn.
Betty Bjorkman Certified Colonic Therapist (952) 935-9360 Minn.
Sue Olmos Midstates Myotherapy, Reiki II, consultations (603) 205-9355 Ill., Wisc.
Fanona Grace Wholistic Health Practitioner (763) 561-3396 Minn.
Merita Rahlenbeck Raindrop Tech. w/sound (952) 703-9713 Minn.
Peggy Richardson Raindrop Tech. (763) 494-4267 Minn.
Katherine Conrad Raindrop Tech., Emotional Clearing (612) 220-4664 Minn.
Jackie Berggren Raindrop Oils Holder (Call For Brochure) (319) 268-0998 IA.

Important Convention Information

So far these are the members that sent their registrations to me. If you are not on this list & should be contact me immediately! Also if you would like to share rooms contact each other to arrange. There are hotels listed in the convention brochure as well as on the internet at Price line .com

Stan & Ann Jagodzinski 319-268-0703
Jennifer Crippen 815-653-1791
Bob Morrow 763-551-9232
Sharon McGinnes 808-926-1972
Ruth Erkkila 651-704-3698
Sherry La Marche 815-206-0200
Emily Elwood 520-586-7065
Paula Casper 319-933-6601
Deb Fisher 262-249-1998
Teresa Jones 307-754-9327
Dave March 563-552-1516
Lisa Gauwitz 218-751-9397
Goldie Peterson 815-389-3160

Katherine Conrad 612-220-4664
Diana Sa Bella 847-816-1176
Babs Anderson 763-424-7274
Juanita Stewart 319-233-7387
Margo Dummelle 708-383-7965
Susan Elwood-Salinas 806-797-5691
Dan Keskey 651-220-3216
Kirsten Mickelsen 563-928-7023
Kathleen Roberts 218-897-5659
Judy & David Jellings 563-425-4599
Bernie Farnam 320-587-5619
Rich Peterson 847-903-9552
Michael McDaniel 218-751-6336

Margo Dumelle 708-383-7965
Sandra Lear 763-550-1105
Kathleen O'Sullivan 952-903-0125
Marge Ross 651-257-3175

Kathleen Roberts 218-897-5659
Lynn Cox 952-474-4270
Bob Villars 952-947-9007
Linda Simon 612-722-6571